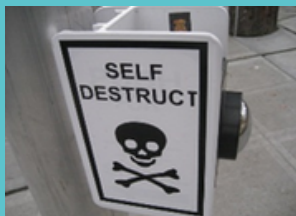


SHAME THE UNDERLAYER OF SELF- DESTRUCTION



Join us: September 9, 2022



- SHAME IS A CONDITION THAT ON A CONTINUUM CAN BE QUITE DEBILITATING TO OUR CLIENTS.
- EXPLORE CAUSAL FACTORS OF SHAME AND TECHNIQUES ON HOW TO ADDRESS THIS CONDITION INCLUDING BOTH TRADITIONAL AND ALTERNATIVE METHODS SUCH AS EFT (EMOTIONAL FREEDOM TECHNIQUE).
- HEAR ABOUT A HOLISTIC TECHNIQUE CALLED "MUSCLE TESTING" THAT IS INCREDIBLY HELPFUL TO IDENTIFY LIMITING BELIEFS AND WAYS TO CLEAR THESE SO THAT OUR CLIENTS CAN REACH AN OPTIMAL LEVEL OF HEALTH.
- DEMONSTRATIONS INCLUDED.

8:30am - 11:30 am - On Line Training through Zoom (CE Hour's: 3)

\$85.00 + \$6.59 Tax = \$91.59

Payable through: PayPal –
Shiftingperspectives111@gmail.com
(or) Square 303 709-3694 (Wanda)

To Register email: Shifting.wanda20@gmail.com

MARY'S BIO AND OTHER CURRENT COURSES AVAILABLE SEE
THE TRAINING WEBSITE: SHIFTING-PERSPECTIVES.COM



All are approved by NBCC, NM Counseling &
Therapy Practice Board, and the NM Board
of Social Work Examiners

